MOM'S IRON WOK

胖妈私房菜

BYOB
BRING YOUR OWN BOTTLE

2741 Virginia Pkwy #500, McKinney, TX 75072

www.momsironwok.com

MOM'S IRON WOK

ASIAN CUISINE

Hand Made
招牌面点 SIGNATURE DUMPLINGS

小笼包 (8) D1. Soup Dumpling (8pcs) $12.95
肉馅选择：猪肉，鸡肉 Choice of Pork, Chicken

生煎包 (8) D2. Pan-Fried Dumpling (8pcs) $12.95
肉馅选择：猪肉，鸡肉 Choice of Pork, Chicken

煎饺 (10) D3. Potstickers (10pcs) $12.95

素饺 (10) D4. Vegetable Dumplings (10pcs) $12.95

水饺 (10) D5. Boiled Dumplings (10pcs) $12.95

红油抄手 (清汤) D6. Spicy Wontons in Chili Oil Sauce (Light Broth) $10.95

NOODLES & WHEAT DISHES 招牌面点

红烧牛肉面 N1. Braised Beef Noodle Soup (Clear Broth) $14.95

油泼面 (素) N2. Noodles with Chili Oil $12.95

葱油饼 N3. Scallion Pancake $6.95

重庆麻辣小面 N4. Chongqing Spicy Noodles $12.95

担担面 N5. Dan Dan Noodles $12.95

酸辣粉 N6. Spicy & Sour Rice Noodles $13.95

凉粉 N7. Cold Mung Bean Jelly $10.95

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凉菜/开胃菜 APPETIZERS

夫妻肺片	A1.	Cold Sliced Beef & Tripe in Chili Sauce	$18.95
口水鸡（半只）	A2.	Sichuan Mouth-Watering Chicken (Half)	$18.95
蒜泥白肉	A3.	Sliced Pork with Garlic Sauce	$12.95
贵妃鸡（半只）	A4.	Steamed Chicken with Salted Sauce (Half)	$18.95
凉拌黄瓜	A5.	Cold Cucumber Salad	$10.95
凉拌海带丝	A6.	Cold Shredded Seaweed	$10.95
猪耳朵（红油/原味）	A7.	Sliced Pig Ear (Chili Oil / Original)	$12.95
胡椒雪里红	A8.	Pickled Mustard Greens with Pepper	$10.95
鸡肉春卷	A9.	Chicken Egg Roll	(1) $1.95
芝士饺	A10.	Crab Rangoon (4)	$5.00

A1

A2

A9

汤类 SOUP

番茄煎蛋汤	O1.	Tomato & Egg Soup	$12.95
西湖牛肉羹	O2.	West Lake Style Minced Beef Soup	$12.95
青菜豆腐汤	O3.	Green Vegetable & Tofu Soup	$12.95
黄瓜皮蛋汤	O4.	Cucumber & Century Egg Soup	$12.95
蛋花汤	O5.	Egg Drop Soup	$3.00
馄饨汤	O6.	Wonton Soup	$3.00
酸辣汤	O7.	Hot & Sour Soup	$3.00

甜品小食 SIGNATURE DESSERTS

酒酿汤圆	T1.	Sweet Fermented Rice Soup with Rice Balls	$12.95
红糖糍粑	T2.	Brown Sugar Sticky Rice Cake	$12.95

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胖妈私房菜 MOM'S SIGNATURE DISHES

胖妈烤鱼	M1.	Mom's Baked Fish	$39.95
干烧鱼	M2.	Dry-Braised Fish	$26.95
豆瓣活鱼	M3.	Steamed Live Fish with Bean Sauce	$26.95
水煮活鱼	M4.	Sichuan Boiled Live Fish	$28.95
酸菜活鱼	M5.	Pickled Cabbage Live Fish	$28.95
泡椒牛蛙	M6.	Spicy Frog Legs with Pickled Chili Peppers	$38.95
蒜蓉粉丝蒸鲜贝	M7.	Garlic Steamed Fresh Scallops with Vermicelli	$25.95
香酥鸭（半只）	M8.	Crispy Fried Duck (Half)	$18.95
毛血旺	M9.	Sichuan Spicy Hot Pot Style with Assorted Meats	$28.95
烤鸭（半只）	M10.	Roast Duck (Half)	$19.95
冒烤鸭	M11.	Sichuan Spicy Braised Roast Duck	$38.95
北京烤鸭（整只两吃）	M12.	Peking Roast Duck (Whole)	$68.95

菜 ...ual dishes may vary.

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胖妈小炒 MOM'S STIR-FRYING DISHES

CHICKEN 鸡肉类

鱼香鸡片（孜然/泡椒）	C1.	Chicken Slices in Garlic Sauce (Pickled Pepper, Cumin)	$16.95
辣子鸡（炒/炸）	C2.	Spicy Crispy Chicken (Stir/Fry)	$16.95
豆豉鸡	C3.	Chicken with Black Bean Sauce	$16.95
橙子鸡	C4.	Orange Chicken	$12.50
芝麻鸡	C5.	Sesame Chicken	$12.50
甜酸鸡	C6.	Sweet & Sour Chicken	$12.50
宫保鸡 (中式或美式)	C7.	Kung Pao Chicken	$12.50
芥兰鸡	C8.	Chicken with Chinese Broccoli	$12.95

BEEF 牛肉类

水煮牛肉	B1.	Sichuan Boiled Beef	$18.95
孜然牛（泡椒/藤椒）	B2.	Cumin Beef (Pickled Pepper, Rattan Pepper)	$18.95
扒牛肉条	B3.	Braised Beef Strips	$25.95
葱爆牛	B5.	Stir-Fried Beef with Scallions	$18.95
芥兰牛	B6.	Beef with Chinese Broccoli	$14.95
宫保牛	B7.	Kung Pao Beef	$14.95
蒙古牛	B8.	Mongolian Beef	$14.95
湖南牛	B9.	Hunan Style Beef	$14.95

LAMB 羊肉类

孜然羊	L1.	Cumin Lamb	$18.95
葱爆羊	L2.	Braised Lamb with Scallions	$18.95
宫保羊	L3.	Kung Pao Lamb	$18.95
小炒羊	L4.	Stir-Fried Lamb	$18.95

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PORK 猪肉类

鱼香肉丝	P1.	Shredded Pork in Garlic Sauce	$15.95
香干肉丝（笋尖）	P2.	Shredded Pork with Dried Bean Curd (Bamboo Shoots)	$15.95
京酱肉丝（带饼）	P3.	Shredded Pork in Sweet Bean Sauce (with Pancakes)	$18.95
酸菜肉丝	P4.	Shredded Pork with Sour Vegetables	$15.95
回锅肉	P5.	Double-Cooked Pork Slices	$16.95
水煮肉片	P6.	Sichuan Boiled Pork	$18.95
梅菜扣肉	P7.	Braised Pork with Preserved Vegetables	$18.95
小炒肉	P8.	Stir-Fried Pork with Chili Peppers	$15.95
红烧肉	P9.	Braised Pork Belly	$18.95
火爆肥肠（辣子/酸菜）	P10.	Stir-Fried Pork Intestines (Hot Pepper, Sichuan Pickles)	$18.95
火爆腰花（胡辣）	P11.	Stir-Fried Pork Kidney (Spicy)	$16.95
蒜香排骨（香辣/糖醋）	P12.	Garlic Pork Ribs (Spicy / Sweet and Sour)	$18.95
蒜苗腊肉	P13.	Stir-Fried Cured Pork with Garlic Sprouts	$18.95
豆豉排骨蒸南瓜	P14.	Steamed Pork Ribs w. Black Bean Sauce & Pumpkin	$18.95
沙姜肥肠	P15.	Shacha Style Pork Intestines	$18.95
五更肠旺	P16.	Five-Spice Blood & Intestine Hot Pot	$18.95

P1

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VEGETABLE 蔬菜类

麻婆豆腐	V1.	Mapo Tofu	$12.95
蛋黄豆腐	V2.	Salted Egg Yolk Tofu	$14.95
红烧茄子（鱼香）	V3.	Braised Eggplant (Garlic Sauce)	$12.95
手撕包菜（炝/酸辣/清炒）	V4.	Hand-Shredded Cabbage (Spicy and Sour / Plain Stir-Fried)	$12.95
蚝油芥蓝	V5.	Chinese Broccoli in Oyster Sauce	$12.95
四季豆（鸭蛋黄）	V6.	Green Beans (with Duck Egg Yolk)	$12.95
韭菜炒香干（鸡蛋）	V7.	Stir-Fried Chives with Dried Tofu (Eggs)	$12.95
炒豆苗（时价）	V8.	Stir-Fried Pea Shoots	Market Price
青冈菜	V9.	Stir-Fried Green Vegetables	$12.95
素什锦	V10.	Stir-Fried Assorted Vegetables	$12.95
土豆丝	V11.	Shredded Potato	$10.95
炝炒绿豆芽	V12.	Stir-Fried Green Bean Sprouts	$10.95
千叶豆腐	V13.	Thousand-Layer Tofu	$17.95
鸭蛋黄焗南瓜	V14.	Salted Egg Yolk Pumpkin	$14.95
豆豉苦瓜（炒蛋/鸭黄）	V15.	Bitter Melon with Black Bean Sauce (Egg / Salted Egg Yolk)	$12.95
蔬菜豆腐煲	V16.	Vegetable Tofu Clay Pot	$12.95

SIZZLING DISHES 铁板类

铁板牛（羊）	Z1.	Sizzling Beef / Lamb	$18.95
铁板玉子豆腐	Z2.	Sizzling Japanese Tofu	$18.95
铁板鱿鱼	Z3.	Sizzling Squid	$18.95

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DRY POT 干锅类

干锅牛（羊）	T1.	Dry Pot Beef / Lamb	$20.95
干锅鱿鱼	T2.	Dry Pot Squid	$18.95
干锅花菜	T3.	Dry Pot Cauliflower	$18.95
干锅肥肠	T4.	Dry Pot Pork Intestines	$18.95
干锅带壳虾	T5.	Dry Pot Shrimp	$18.95

RICE & NOODLE 炒饭和面

鸡肉炒饭	F1.	Chicken Fried Rice	$12.95
牛肉炒饭	F2.	Beef Fried Rice	$13.95
虾炒饭	F3.	Shrimp Fried Rice	$15.95
什锦炒饭	F4.	Combination Fried Rice	$15.95
咸鱼炒饭	F5.	Salted Fish Fried Rice	$16.95
鸡肉捞面	F6.	Chicken Lo Mein	$12.95
牛肉捞面	F7.	Beef Lo Mein	$13.95
虾捞面	F8.	Shrimp Lo Mein	$15.95
什锦捞面	F9.	Combination Lo Mein	$15.95
干炒牛河	F10.	Beef Chow Fun (Dry Stir-Fried)	$16.95

DRINKS 饮料

汽水	Fountain Drinks	$2.79
冰茶	Iced Tea	$2.79
罐装汽水	Canned Soft Drinks	$2.00
热茶（每位）	Hot Tea (per person)	$1.50

SIDE ORDERS 配菜

白饭（碗）	Steamed White Rice (Small)	$1.00
白饭（桶）	Steamed White Rice (Large)	$6.00

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SEAFOOD 海鲜类

鱼香虾仁	S1.	Fried Shrimp in Garlic Sauce	$18.95
滑蛋虾仁	S2.	Fried Shrimp with Scrambled Egg	$18.95
辣子带壳虾（椒盐）	S5.	Spicy Whole Shrimp (Salt & Pepper)	$20.95
鸭黄带壳虾	S6.	Whole Shrimp with Duck Egg Yolk	$20.95
水煮鱼片	S7.	Fish Fillets in Hot Chili Oil	$16.95
藤椒鱼	S8.	Fish with Rattan Pepper	$18.95
糖醋瓦块鱼	S9.	Sweet & Sour Fish Fillets	$20.95
泡椒鱼（鱼香）	S10.	Fish with Pickled Pepper (Garlic Sauce)	$16.95
椒盐鱼块	S11.	Salt & Pepper Fish Cubes	$20.95
海鲜豆腐煲	S12.	Seafood Tofu Pot	$20.95
核桃虾	S13.	Walnut Shrimp	$18.95

SEASONAL SEAFOOD 时令海鲜 MARKET PRICE

姜葱焗龙虾	Ginger & Scallion Lobster (需预定 Reservation Required)
姜葱焗温哥华大蟹	Ginger & Scallion Vancouver Dungeness Crab (需预定 Reservation Required)
避风塘大蟹	Typhoon Shelter Style Crab (需预定 Reservation Required)
帝王蟹（需预定）	King Crab (Pre-Order Required)
三鲜芙蓉蛋	Seafood Egg Foo Young
清蒸活鱼	Steamed Live Fish

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